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A Foodie's Guide To Tuscany: Places, Flavours, Itineraries, Must Do For The Epicurian Explorer ; 20 Fabulous Recipes (A Foodie's Guide Book 1)





Synopsis

No-where is the love of life taken more seriously than in Tuscany, Italy. "La dolce vita" is like a mantra here, and a life lived well is something that all Tuscans strive for. Stunning scenery, ancient culture, some of the best art in the World, Tuscany really does seem to have it all. It is not surprising then, that this love of life spills over into the food and drink of the region. Some of the best dishes and wines of Italy can be found in Tuscany, and anyone who visits here will do well to leave their diets at home. Visiting Tuscany is a time to indulge all the senses, but most especially, it is a time to delight the taste buds. Come with me as I journey around Tuscany and show you the best places to eat, drink and if you have time, sightsee! This book contains all the information you will need to make planning a trip to Tuscany easy and make it the most memorable ever as well as cooking some amazing Tuscan recipes you can find:

- Basic facts about Tuscany
- Tuscan epicurean specialities: foods and wines that make up the mouth-watering flavours of Tuscany
- Places to visit: Florence, Siena, Lucca, Pisa, the coastline
- A practical glossary of the different types of restaurants : Trattoria, Gelateria, Tavola Calda, Caffé, Ristorante, etc
- 30 Must Do here in Tuscany that you won't forget
- Our recommended culinary schools and Winery tours
- 3 fabulous itineraries : Tuscan Wine Tour, Taste of Tuscany Food Tour, Art Tour of Tuscany
- 20 memorable recipes to bring home the unique Tuscan flavours including appetizers, first course and second course dishes and desserts.

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Customer Reviews

This is more of a tour guide than a cookbook. As a tour guide it is delightful and describes the area in much detail. 5 stars for that. 3 stars for the cookbook side. With only 25 recipes it is only a sampling of recipes with no pics. Really only 25 recipes and you can't give us pics. You gave us pics on the tour guide part. It is one my HUGE PET PEEVES WITH KINDLE COOKBOOKS! Another problem is that the author did not have the book edited by an accomplished cook. How do I know. She suggested to cut up a whole chicken, breast side down on the cutting board and then gave us instructions on cutting along the breast bone which you can't do with it breast side down. Another thing is that the author suggested to use broth in some of her recipes, a real Tuscan cook would never use that watered down stuff but would have made their own rich stock for which the author gives no instructions. So given the 5 stars for the tour guide part and the 3 stars for the cookbooks side it averages 4 stars is what I gave it. The reviewer is a former executive chef and caterer as well as prize winning cook. He is also the author of the Kindle book entitled: Sex Education for Adults Secrets To Amazing Sex and Happily Ever After

2. I highly recommend this book to wanderlust people out there! I personally love Italy and discovering Tuscany is one of them. I am amazed with how rich Tuscany is when it comes to culture and food. The author also gave a great presentation of cities with what you can expect from there and how you can enjoy your travel through their recipes too. Reading this book is like traveling already if you can't afford any ticket. There are also good recommendations inside the book on which sites you can go to get more information if you want to travel.

I really enjoyed this book. Gabriella really gives you the detailed ins and outs of visiting Tuscany. This guide is truly complete as it includes where to go, WHEN to go, what to eat, what to do and see. She even included the brief history of different cities AND the links to get more information about the tours she recommends in the book. Whether you want to get in the spirit of your trip or savor it, the Gabriella even includes recipes of some of the traditional meals so you can experience

Tuscany any time. Very informative and good read.

I have never been to Italy so I found this book to be interesting. The book starts with an overview of Tuscany, including several of the better known cities and the coastline. It gives you a feel of what living there might be like and the lifestyle that Tuscans make for themselves. A section of the book describes some of the better known and courses of food and drinks of Tuscany which gives you a further understanding of life in the region. Descriptions of types of eating establishments explain what you can expect from a visit to each eating place. Culinary schools discussed and when visiting Tuscany there are many types of cooking classes you can take that last from one to five or more days which give you options on how much you want to immerse yourself in learning authentic Tuscan cooking. There is also a list of 30 things you can do in Tuscany so you will not run out of things to do. The book finishes up with recipes from Tuscany that you can try. It would be interesting to see how close you can get to the real thing if you are planning a trip to Italy. I found the book interesting and would recommend it to anyone planning to travel to Tuscany or if you are interested in the region and want to learn more about it.

The author did a wonderful job of taking you to different cities in Tuscany region. This book will be a nice guide for people who don't want to spend hours & hours in researching this particular destination and with a little imagination you can experience the flavors of Tuscany through those great sounding recipes in your own kitchen.

If you can't go to the Tuscan Valley, the next best thing is to read this book. All the sites were so interesting to read about. and the recipes, Muah! They are both different and delectable. My favorites were Eggplant Frittata and Florentine Tripe, but I can hardly wait to make all of them.

I can't decide whether to classify this book as a travel book or a cookbook. It's both! And, it's excellent in either category! I so wish I had this before I went to Tuscany. It brings back great memories, but I would have had an even better time if I had this when I went.

Bought this and downloaded it on my wife's iPad ... a not so subtle hint about our next big trip. And, until we can get there, we'll do some reading in this book (using the very helpful links) and prepare some of the tantalizing recipes (1st up: Melazane Alla Maremmana).

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